

Newsletter corona #15

Amsterdam, July 9 2020

Dear client,

We are here for you, especially now!

In this fortnightly newsletter we keep you informed of the latest developments in the field of Occupational Health and Safety services and the extra services we can offer you.

Post-corona support

Increasingly, we see employees during our online or physical consultations, who, either themselves or someone in their vicinity, have been confronted with the (physical) impact of the corona virus. Many of them need support. We offer additional guidance to achieve physical and mental recovery of resilience and work ability.

Below you will find the different forms of post-corona guidance (increasing in intensity). The guidance is tailored to the specific needs of your employee.

- **Personal coaching**
Mental guidance/support by our coaches/psychologists.
- **Combination program personal & body coaching**
Mental and physical guidance by a coach/psychologist and haptonomist/physiotherapist
- **The Work Rehabilitation Program (WRP)**
A Fit & Vital program in which intensive guidance is offered. In 12-16 weeks, under the supervision of a physiotherapist and coach, physical and mental recovery is worked on every week.
- **Mourning and Loss guidance**
Guidance for loss experiences and also specifically for corona-related loss.

Can we support your employees in their recovery and provide aftercare and guidance? Please contact coaching@enrgyinbusiness.nl for more information.

Our workshops, training courses and free of charge knowledge sessions

We offer a diverse range of online and offline training courses, including topics such as dealing with fear & insecurity due to corona, stress & relaxation, working from home in a healthy way, prevention and building work ability. Our online knowledge sessions have been visited by more than 200 employees from 42 different companies!

Due to the success of the online knowledge session “Working from home in a healthy way”, we have scheduled new sessions at the following times in which your employees can participate free of charge.

- Monday the 27th of July from 10.00 - 10.00 hours (Dutch session);
- Tuesday, July 28th from 10.00 - 11.00 hours (English session);
- Tuesday, August 4th from 1 p.m. - 2 p.m (Dutch session).

Your employees can send their registration via e-mail to trainingen@enrgyinbusiness.nl , stating their name, e-mail address and date of participation. They will then receive a confirmation and information to log in.

For more information about one of our other training courses, you can also send an e-mail to the above e-mail address.

Informatie on our website

On our website we have put together relevant information, a FAQ, our extra services and our newsletters. Please visit <https://www.arbobutler.nl/corona>

All the best!

Finally, we wish you a lot of strength and all the best during this period. If you have any questions, we are at your disposal via the Corona helpdesk, your Account Manager or your contact person with regard to the absenteeism!

Kind regards,

Ilse de Jonge
Marcel Houtman

Management Board Arbobutler
Part of de Enrgy in Business Group